**2021 Raider Participation/Physical Forms**

To participate on the Raider Team, each Cadet is required to complete all forms on Rank One and the three hard copy forms provided. All of the forms will be completed on-line except the Physical, Team Contract, Covenant Not to Sue, and Parental Permission and Release. Follow these steps:

1. Go to [www.rankonesport.com](http://www.rankonesport.com) and click “Fill Out Electronic Forms” (top right of page)

2. Select “GA” from the drop down

3. Select “Paulding County School District

If you **do not have an account**, click “register now” and complete the required items.

If you **have an account**, log in and proceed to complete the forms listed below.

Log into your account and complete the following forms on-line. Ensure you **click submit** once they are completed: Physical History, Athletic Participation, Insurance & Consent Form, PCSD Summer Activities Medical Form, Responsibility Acknowledgement, Concussion Awareness form, Sudden Cardiac Arrest Form and Transcript Release Form. **Select Rifle Team when you input your data.**

Once your Cadet has completed their physical, the Physical Examination Form must be signed and dated by the licensed medical doctor or PA and returned to LTC Moore. This form can be downloaded from Rank One or the School Web site. All forms are due by 16 Aug for all Cadets (Rank One and Hard Copy forms). Physicals by 27 August (all Cadets). Returning Cadet physicals due by expiration date of last physical. Cadets will not be allowed to participate in practice or events without all forms completed by and activity fee paid after 27 Aug.

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Misc Raider Information

* Cadets must get physicals prior to 27 Aug using school provided forms. Turn into LTC Moore
* Raider Fee is TBD (all payments will be made online)
* Raider Wednesday Workdays: Raiders will be scheduled a day to come work on the trail as needed. Normal items needed include weed eaters, chainsaws, post hole diggers, rakes, garden rakes, wheelbarrows, shovels, tree trimmers
* Normal practice days are Monday, Tuesday and Thursdays. Normal practice will run to 3:45 – 6:30. Wednesday and Friday practices completed by 5:15 (Wed & Fri practices will drop once we are in shape and rolling)
* Raider Meets are held on Saturdays (departures are normally between 5:00 – 6:00 AM)
* Need parent volunteers to drive Cadets to meets (bus cost us $250-$350 every week without this support). Currently, the only bus will be for Etowah and Adairsville Raider meets
* **GRADES:** If they cannot maintain their grades, they will not participate. Starting 18 August, I will do a weekly grade check for all Raiders. If a Cadet is failing two or more classes, they will not be allowed to participate in any Raider activities until they are passing 3 of 4 classes. Infinite Campus will be the “Litmus Test” for grades. I will only use what is on IC as the data source. **NO EXCEPTIONS!!!**
* If a Raider is removed from the team for any reason, there is not refund of activity fees as all money is allocated to support the team.
* Team Contract will be brought home for parents and Cadet to sign.

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